



# ACADEMY *FOCUS*

JULY 2024





## ACADEMYFOCUS

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## Submissions

In future issues, **academyfocus** may feature work submitted by Fellows, for example, conference or seminar reports, book reviews, or photographs. If you would like to share your work in **academyfocus**, please contact the Editorial Board at [focus@hkam.org.hk](mailto:focus@hkam.org.hk).

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

## Deadline

The deadline for contributions for the October 2024 issue of **academyfocus** is 1 September. Please send any submissions by e-mail to [focus@hkam.org.hk](mailto:focus@hkam.org.hk).

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# WELCOME MESSAGE

**PROF. GILBERTO KA-KIT LEUNG**  
PRESIDENT, HONG KONG ACADEMY OF MEDICINE



*Dear Fellows and colleagues,*

The Academy has been busy preparing and organising several exciting events, in particular the highly anticipated Medical Education Conference 2024 on 7 September, with the support of the Hospital Authority, Faculty of Medicine of The Chinese University of Hong Kong, and the Li Ka Shing Faculty of Medicine of The University of Hong Kong. This conference, themed 'Innovation and Technology in Medical Education', features distinguished speakers from prestigious institutions worldwide, including Harvard, Stanford, Tokyo, Melbourne, Shenzhen, and local medical schools. It will be a full-day event consisting of inspirational plenaries, roundtable discussions, and experience-sharing sessions. The meeting will focus on the impact of artificial intelligence (AI) on various aspects of medical education and training, such as the use of chatbots and AI-assisted simulation and assessment. [Register](#) now and please visit the [MEC 2024](#) website for more details.

Given the rapid development of AI and its transformative potential, the Academy is developing strategies to promote the responsible and effective utilisation of these technologies in healthcare. To accomplish this, the Task Force on Artificial Intelligence under the Professionalism and Ethics Committee will launch a one-stop AI resource portal encompassing training materials that focus on the ethical-legal and professional aspects of AI for Fellows and other healthcare practitioners.

The Social Subcommittee is organising a sharing session and visit to the Hong Kong Palace Museum on 28 July. Mr Freddie Hai, an experienced architect with renowned expertise and long-standing involvement in

prestigious projects in the local architectural scene, will lead the session and tour. To address the well-being of senior Fellows (i.e., those who have dedicated 25 years or more of their careers to our professions) and to express our appreciation for their contributions, the Subcommittee recently conducted a survey to gather suggestions on social and well-being activities that we can tailor and develop for these Fellows. We sincerely thank them for their insights and recommendations, as they will greatly help us improve and optimise our programmes and plans.

The Academy has recently formed a football team, AMFC / 醫專足聯, with the vision of promoting well-being, encouraging exercise, and strengthening fraternity among Fellows and trainees. Led by Captain Dr Matthew Tsui, the team intends to organise regular activities and friendly matches with other organisations. Despite adverse weather conditions, the team had a successful internal game on 31 May, followed by their first-ever, and victorious friendly match against the Chinese International School Alumni on 8 June, doing us proud and fostering great team spirit and connections.

*Hong Kong Medical Journal* has maintained a stable journal impact factor of 3.1 in 2023, resulting in a notable rise to Quartile 1 in the Journal Citation Report's "Medicine, General and Internal" category. I would like to express my sincere gratitude to the unwavering efforts of our editors, reviewers and authors, as well as the continuous support from our readers.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at [focus@hkam.org.hk](mailto:focus@hkam.org.hk).

# LMS as an Effective Complement to Traditional Training Methods

While in-person training provides invaluable hands-on practice and interaction for medical specialists, traditional approaches face logistical and cost challenges. Learning Management Systems (LMS) enhance the training process by complementing the benefits of in-person training with online modules, flexibility, and optimising face-to-face time for interactive discussions and personalised feedback.

One of the most significant advantages of LMS is the efficient use of time and resources. Specialists can acquire foundational knowledge through online modules, eliminating the need for lengthy in-person sessions. They can also revisit content, strengthening their understanding and solidifying the learning experience. This flexibility allows in-person training to focus on interactive discussions, Q&A sessions, and hands-on activities, maximising the value of face-to-face interactions.

LMS platforms offer a user-centred approach, enabling specialists to learn at their own pace and location. Multimedia and interactive elements seamlessly integrated into the LMS create an engaging and immersive learning environment, catering to diverse training needs.

Moreover, LMS facilitates structured content delivery, breaking down complex topics into bite-sized modules for better comprehension. Pre and post-course assessments provide trainers with valuable insights into knowledge gaps and areas for improvement, allowing for personalised learning experiences. By leveraging LMS, training organisers can streamline scheduling, avoiding conflicts, and minimising disruptions to clinical operations.

Interested in the teaching and learning tools of eHKAM LMS? Please [register your eHKAM ID](#) to access and experience the eHKAM LMS, or contact us at [lms.support@hkam.org.hk](mailto:lms.support@hkam.org.hk).



# FELLOWS' WELL-BEING



## OUR COMMITMENT TO WELL-BEING ADVOCACY

The Academy is taking a leading role in the medical and dental profession, and the promulgated [Well-being Charter](#) is committed to cultivating and promoting the well-being of Academy Fellows and specialist trainees of Academy Colleges. We pledge to acknowledge the importance of well-being, take action, and advocate policy changes for the improvement of our Fellows' and trainees' wellness. To achieve this, the Academy has set up a Task Force on Well-being, chaired by the Academy's Honorary Secretary, to devise plans and initiatives. Click [here](#) to find out more.

## AWARENESS: SELF-ASSESSMENT TOOL

Take [Copenhagen Burnout Inventory questionnaire](#) to know more about the levels of burnout.

## ASK FOR HELP: PEER SUPPORT SCHEME

Over 40 volunteers are available to offer support through informal communication, to bring positive energy and aspirations to peers in need regardless of their specialty. Check out the list of Peer Supporters on the [designated webpage](#), and approach the Peer Supporter(s) of your choice through our email referral system which is programmed to protect your privacy. All the conversations will be kept strictly confidential.

Interested in being a Peer Supporter? [Register](#) now and click [here](#) for details about the scope and nature of peer support.

## PROMOTION OF WELL-BEING: MINDFULNESS TRAINING

Save the date for the 5<sup>th</sup> training session of Mindfulness Induction Group, which will be conducted on 1 September and 15 September 2024. [Register](#) now!



# YOUNG FELLOWS CHAPTER



DR. ERIC HUI-LUN LAU  
CHAIR, YOUNG FELLOWS CHAPTER  
(2024-25)

## YOUNG FELLOWS CHAPTER HANDOVER MEETING

The 8<sup>th</sup> term (2024-2025) of the Young Fellows Chapter (YFC) officially began on 1 July 2024. A handover meeting was organised on 20 June 2024 to facilitate communication and discussion of the roles within the YFC for the incoming members. This year,

the YFC consists of 29 members from 15 Academy Colleges. The meeting was also attended by the Academy President and several Council members, who shared their visions and participated in discussions with the YFC members.



## YOUNG FELLOWS CHAPTER GOVERNING COUNCIL (2024-2025)

### ● Chair

Dr. Eric HL Lau  
The Hong Kong College of  
Otorhinolaryngologists

### ● Vice-chair

Dr. Adrian CH Fung  
The College of Surgeons of Hong Kong

### ● Honorary Secretary

Dr. Tom CW Chan  
The Hong Kong College of  
Anaesthesiologists

### ● Honorary Treasurer

Dr. Jennifer KY Ko  
The Hong Kong College of Obstetricians  
and Gynaecologists

### ● IT Officers

Dr. Dennis KH Yee  
The Hong Kong College of Orthopaedic  
Surgeons

Dr. Kaye WS Wong  
The College of Dental Surgeons of  
Hong Kong

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Dr. Stephen HC Wu  
The Hong Kong College of Anaesthesiologists

Dr. Jianchao Quan  
Dr. Zenith HY Wu  
Hong Kong College of Community Medicine

Dr. Alfred SH Lee  
The College of Dental Surgeons of Hong Kong

Dr. Hinson HS Li  
Dr. Jerome LT So  
Hong Kong College of Emergency Medicine

Dr. Chloe L Chan  
Dr. Aldo CL Wong  
The Hong Kong College of Family Physicians

Dr. Ada WT Tse  
The Hong Kong College of Obstetricians and  
Gynaecologists

Dr. Frank HP Lai  
Dr. Allie Lee  
The College of Ophthalmologists of Hong Kong

Dr. Colin SY Yung  
The Hong Kong College of Orthopaedic  
Surgeons

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The Hong Kong College of  
Otorhinolaryngologists

Dr. Vivian YH Law  
Dr. Sarah WY Poon  
Hong Kong College of  
Paediatricians

Dr. Timothy HT Cheng  
Dr. Siddharth Sridhar  
The Hong Kong College of  
Pathologists

Dr. Iki HK Chan  
Dr. Joyce KC Ng  
Hong Kong College of  
Physicians

Dr. Johannes YK Poon  
The Hong Kong College of  
Psychiatrists

Dr. Carol WK Ng  
Dr. Edwin CY Wong  
Hong Kong College of  
Radiologists

Dr. Jason YY Li  
The College of Surgeons of  
Hong Kong

## YOUNG FELLOWS CHAPTER FACEBOOK PAGE

To reach out to young Fellows and share the latest news from the YFC through social media, a Facebook page has been set up. Highlights of recent activities as well as video clips of past events can be found on the [YFC Facebook page](#).

## ADVANCED SOFTWARE TECHNIQUES FOR 3D-PRINTING FOR CLINICIANS

The YFC successfully organised a workshop on 3D printing software techniques on 15 June 2024. The workshop was well received and saw full attendance from Fellows across 8 different Colleges of the Academy. The course highlights included the creation

of 3D bone and cardiac models, as well as Orthopaedics and Craniomaxillofacial surgical guides. The YFC extends its heartfelt thanks to the experts from the two universities and the Hospital Authority for their volunteer support, which made this workshop possible.



## CHICKEN SOUP FOR THE DOCTOR'S SOUL (心靈雞湯)

Chicken Soup for the Doctor's Soul features a collection of interesting life experiences, professional anecdotes, and inspirational personal stories from Academy Fellows in Hong Kong. Past episodes are available on the Academy website.



1<sup>st</sup> episode:  
病人的禮物



Special edition:  
打疫苗



2<sup>nd</sup> episode:  
若有所思



3<sup>rd</sup> episode:  
茁壯成長



4<sup>th</sup> episode:  
最後的道別



5<sup>th</sup> episode:  
燭光



6<sup>th</sup> episode:  
生命之旅



7<sup>th</sup> episode:  
天使的禮物



8<sup>th</sup> episode (Part 1):  
迅速行動 竭盡所能



8<sup>th</sup> episode (Part 2):  
迅速行動 竭盡所能



9<sup>th</sup> episode:  
專訪楊紫芝教授







Hong Kong Jockey Club  
Innovative Learning Centre  
for Medicine

# HKJJC ILCM



Organised by:



HONG KONG ACADEMY OF MEDICINE  
香港醫學科學院

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CUHK  
Faculty of Medicine  
The Chinese University of Hong Kong



HKU  
Med  
LKS Faculty of Medicine  
The University of Hong Kong  
香港大學李嘉誠醫學院

Acknowledgement:



## Medical Education Conference 2024 Innovation & Technology in Medical Education

7 September 2024 (Saturday)



### Medical Education Conference 2024

The Academy is thrilled to announce the Medical Education Conference (MEC 2024) which will take place on September 7, 2024 (Saturday), in collaboration with the Hospital Authority, Faculty of Medicine of The Chinese University of Hong Kong, and the Li Ka Shing Faculty of Medicine of The University of Hong Kong.

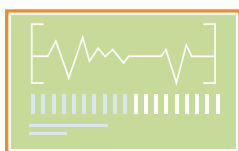
Speakers at MEC 2024 will come from a range of prestigious institutions, including Harvard, Stanford, Tokyo, Melbourne, Shenzhen, and local medical schools. This collaboration ensures an exchange of diverse viewpoints and knowledge in the field of medical education.

The full-day conference features a variety of sessions, from inspiring plenaries to engaging roundtable discussions that will provide participants with a comprehensive and immersive learning experience. This conference mainly focuses on exploring the profound

impact of Artificial Intelligence (AI) in medicine such as simulation, training and medical education, with four sub-focus topics presented by distinguished medical professionals from both local and international backgrounds. Through in-depth discussions on these topics, participants will gain a nuanced understanding of how AI can transform healthcare practices.

Healthcare experts from relevant sectors will have a dedicated platform to connect, network, and share invaluable knowledge at MEC 2024, fostering collaborations and building relationships that can drive advancements in medical education.

We extend a warm invitation to all esteemed Academy fellows to join us at this prestigious conference. Register now at <https://online.hkam.org.hk/form/mec2024/>. More details are now available at the [MEC 2024 website](#).





Hong Kong Jockey Club  
**Innovative Learning Centre**  
 for Medicine

# HKJC ILCM

## Workplace-Based Assessments in Postgraduate Medical Education: A Pathway to Competency-Based Learning

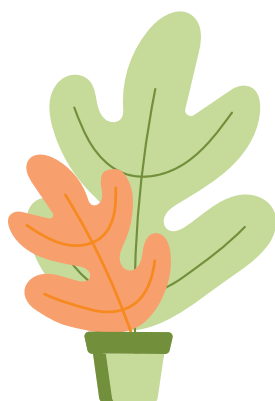
Workplace-based assessment (WBA) is a formative assessment method designed to evaluate the learning process. Unlike conventional assessments that emphasise standardisation and aim to minimise the impact of human judgement, which has been acknowledged for potentially oversimplifying complex skills and undervaluing the authentic assessment of competence, WBAs prioritise assessing proficiency, providing constructive feedback to enhance performance, and fostering continuous learning. It is crucial for the design of WBAs to align with the intended learning objectives.

The Hong Kong Academy of Medicine published its [Position Paper on Postgraduate Medical Education in 2023](#), advocating for a shift from traditional time-based education to competency-based medical education (CBME). Consequently, WBA has become an essential element in

specialist medical training. The Hong Kong Jockey Club Innovative Learning Centre for Medicine (HKJC ILCM) initiated WBA courses in 2020, including both generic courses and collaborations with colleges to deliver specific WBA courses tailored to individual needs.

To further promote and enhance understanding of WBA, a commentary highlighting the significance of WBA in postgraduate medical education was published in the *Hong Kong Medical Journal* (<https://doi.org/10.12809/hkmj2311361>). This commentary, authored by faculty members of the WBA course at HKJC ILCM, provides valuable insights into the implementation, impact, and guidance for the future development of WBAs.

If you are interested in enrolling in the WBA course offered by HKJC ILCM, you can visit our website at <https://www.hkjcilm.com/en/ilcm-courses>.



**HONG KONG ACADEMY OF MEDICINE**  
 香港醫學專科學院

**Hong Kong Jockey Club**  
 Innovative Learning Centre  
 for Medicine

**Workplace-based Assessment Workshop**  
 Course Director: Prof. George WONG

**Objectives**

- Understand the principles behind performance review and workplace-based assessment
- Apply different methods of feedback and debriefing during WBA

**Teaching Mode:**

- Online Platform
- Small Group Practice

**Target Participants:**  
 Specialty Practitioners who want to be instructors for Workplace-based Assessment

CME/CPD Points Pending

QR Code: <https://www.hkjcilm.com/en/ilcm-courses>

Contact: Tel: (852) 2875 8718, Email: [ilcm@hkjcilm.com.hk](mailto:ilcm@hkjcilm.com.hk), Website: <http://hkjcilm.com>, Facebook: [www.facebook.com/HKJCILCM](https://www.facebook.com/HKJCILCM), Hong Kong Jockey Club Innovative Learning Centre for Medicine, Hong Kong Academy of Medicine



# ACADEMY SOUVENIR ORDER

## Academy Souvenirs

Order our souvenirs while stock lasts

### Straight Umbrella

**NEW**  
AS-12



### Paper Art Frame



### Car Badge

AS-01



### Pin

AS-03



### USB Pen

AS-15



### Cufflink

AS-04



### Ties and Bow Ties

AS-06



**NEW**

AS-13



AS-07



### Scarves

AS-08



AS-09



AS-10



### Scarves

**NEW**  
AS-14



### Letter Opener and Key Chain

AS-05



### Polo Shirt

AS-11



Enquiries: [hkam@hkam.org.hk](mailto:hkam@hkam.org.hk)