



ACADEMY *FOCUS*

JANUARY 2026



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Submissions

academyfocus welcomes submissions from Fellows who wish to share their work, for example, conference or seminar reports, book reviews, or photographs. If you are interested, please contact the Editorial Board at focus@hkam.org.hk.

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

Deadline

The deadline for contributions for the April 2026 issue of **academyfocus** is 1 March 2026. Please send any submissions by e-mail to focus@hkam.org.hk.

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WELCOME MESSAGE



PROF. PHILIP KAM-TAO LI
PRESIDENT, HONG KONG ACADEMY OF MEDICINE

Dear Fellows and colleagues,

My warmest wishes for a healthy, joyful, and fulfilling New Year. May this new chapter bring you strength and energy—just like the spirit of the Horse—to accompany both your personal and professional journeys.

Looking back, we concluded the past year with a meaningful and memorable Conferment Ceremony on 12 December. The event began with a solemn moment of silence in remembrance of the recent tragedy in Tai Po, followed by my opening speech which reflected on the values of Passion and Hope—paying tribute to our Fellows' compassionate response to the injured and the community, celebrating the record number of 371 new Fellows admitted, and outlining the Academy's strategic priorities, including cross-border collaboration, innovation in medical education, and the continued promotion of professionalism and ethics.

We were honoured to confer Honorary Fellowships upon Professor Gilberto Leung and Professor Richard Yu, who have made outstanding contributions to medicine, the Academy, and the wider community through their leadership, service, and dedication. The David Todd Oration, delivered by Professor Philip Chiu and titled 'Surgery in 2035', was truly inspiring. It reminded us of the evolution of surgery—from traditional open procedures to minimally invasive techniques, and to global trends in robotic surgery, artificial intelligence, and surgical data science—showcasing Hong Kong's pioneering role, including the New Robotic Surgical Platform, while addressing future challenges such as

ageing populations and the rising burden of gastrointestinal cancers.

Looking ahead, the Academy will continue to focus on key initiatives. The current cohort of NHC Young Leaders is undergoing leadership training to prepare and empower future healthcare leaders. A Sports and Exercise Medicine Summit is being organised in collaboration with the Hong Kong Sports Institute, and preparations are underway for the Quadripartite Medical Education Conference in September 2026. Several training initiatives under the Professionalism and Ethics Committee, including medicolegal topics, are also planned for the coming months. In addition, the eHKAM platform will continue to expand, with access to be made available to trainees.

Encouraged by the strong support of the Young Fellows Chapter, the HKAM Volunteer Team has been formed and is planning an outreach programme in April to provide dental and health check-up services for older adults in Tai O, reflecting its commitment to community service. The Academy is also actively promoting ESG values, with a dedicated seminar scheduled in January. A retreat is being planned for June to better understand the needs and views of our young Fellows and strengthen engagement to support the Academy's ongoing development.

Once again, I encourage all of you to support the Academy and all our events and look forward to seeing you.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at focus@hkam.org.hk.

HIGHLIGHTS OF THE ACADEMY EVENTS

32nd Annual Fellowship Conferment Ceremony and 2025 David Todd Oration



The Conferment Ceremony and David Todd Oration were held on 12 December 2025, with 371 new Fellows conferred. Click [here](#) to view the full list of the newly admitted Academy Fellows.



The Academy conferred Honorary Fellowships upon Professor Gilberto Ka-kit Leung (left) and Professor Richard Yue-hong Yu (right) in recognition of their unwavering dedication and tremendous contributions to the medical profession and the community.



This year, the Academy was honoured to have Professor Philip Chiu, Dean of the Faculty of Medicine of The Chinese University of Hong Kong, as the Orator. He shared his insights on the 'Surgery in 2035'.

The Academy presented several awards and prizes for the year 2025 during the 32nd Annual Fellowship Conferment Ceremony. Congratulations to all the winners.



Best Original Paper Award



Dr. Lynn Shong and her team were recognised for their research titled "Clinical outcomes after implementation of a lung nodule surveillance programme in Hong Kong".



Dr. Suet-mui Yu and her team were recognised for their research titled "Artificial intelligence-based computer-aided diagnosis for breast cancer detection on digital mammography in Hong Kong".



Professor Zhengqi Wu and his team were recognised for their research titled "Use of pronase in screening for early cancers of the upper gastrointestinal tract". As Professor Wu was unable to attend the ceremony, the medal will be delivered to him.

Prize for the Best Original Research by Young Fellows



Dr. Jimmy Lai and his team were awarded the Gold Medal for their research titled "Non-invasive risk-based surveillance of hepatocellular carcinoma in patients with metabolic dysfunction-associated steatotic liver disease". As Dr. Lai was unable to join the ceremony, he was represented by his co-authors Professor Grace Wong and Professor Terry Yip.

Dr. Eugene Chan and his team were awarded the Silver Medal for their research titled "An international, multi-center study evaluated rituximab therapy in childhood steroid-resistant nephrotic syndrome".



Dr. David Lui and his team were awarded the Bronze Medal for their research titled "Parathyroidectomy and risk of incident diabetes in patients with primary hyperparathyroidism". As Dr. Lui was unable to attend the ceremony, he was represented by his co-author Dr. Xiaodong Liu.

Prize for Best Original Research by Trainees



Dr. Rex Wan-hin Hui, the Gold Medal winner, was recognised for his research titled "A prototype deep-learning algorithm versus Liver Imaging Reporting & Data System (LI-RADS) criteria in diagnosing hepatocellular carcinoma on computed tomography: A randomized trial".



Dr. Des SY Ng, the Silver Medal winner, was recognised for his research titled "Evaluation of point-of-care white blood cell differential count testing in patients with post-chemotherapy fever in the emergency department".



Dr. Hang-sheung Wong, the Bronze Medal winner, was recognised for his research titled "Multi-evidence clinical reasoning with retrieval-augmented generation (MECR-RAG) for emergency triage: Retrospective evaluation study".





JOCKEY CLUB INSTITUTE FOR MEDICAL EDUCATION AND DEVELOPMENT

Leadership in Medical Education (LIME) Course: A Successful Milestone for JCIMED and Medical Education Leadership

The Jockey Club Institute for Medical Education and Development (JCIMED) proudly announces the successful completion of the second Leadership in Medical Education (LIME) course held on 3 January 2026. Designed for Fellows from the sister colleges of the Hong Kong Academy of Medicine (HKAM), this course builds upon the foundation established by the inaugural course on 29 June 2025. Together, these two courses have engaged all 15 sister colleges of the Academy, marking a milestone in equipping medical educators with the leadership skills essential for the effective implementation of Competency-Based Medical Education (CBME).

As healthcare continues to evolve, medical education must adapt to ensure the delivery of high-quality training and patient care. The LIME courses address this need by focusing on leadership development tailored to medical educators who shape curriculum design, training, and assessment. By equipping Fellows with a deep understanding of CBME and change management, LIME helps ensure that medical education remains relevant and responsive.

The first LIME course brought together Fellows from seven sister colleges, while the second engaged participants from the remaining colleges within the Academy. Both sessions united influential medical educators holding key leadership roles, including college representatives, chief or deputy censors, and education committee leaders, positioning them as pivotal drivers of educational reform within their institutions.

The programme aims to help participants:

1. Understand the principles and importance of CBME;
2. Identify the leadership skills required to drive change;
3. Apply practical steps to implement CBME;
4. Manage resistance and engage stakeholders effectively; and
5. Develop and assess actionable CBME implementation plans while reflecting on their own leadership styles.

The curriculum combines pre-course e-learning with an intensive full-day workshop featuring interactive lectures, group discussions, and reflective exercises. Participants engage in curriculum gap analysis, explore change management theories such as Lewin's Unfreezing Theory and Kotter's Change Model, and utilize the LEADS Self-Assessment framework to reflect on their leadership capabilities.

The LEADS framework, a globally recognised model, outlines leadership behaviours that promote personal and systemic change in healthcare. Its inclusion enables participants to identify their strengths and areas for development on their leadership journey.

Delivered by experienced educators and clinicians from JCIMED and participating colleges, both sessions were well attended. Participants actively collaborated to identify curriculum gaps and develop tailored action plans for their colleges. Participants from both LIME courses will present their action plans at upcoming CBME seminars as part of an ongoing effort to share progress and foster continuous improvement.

Participants valued the opportunity to share experiences across colleges, broadening their understanding of diverse challenges and fostering a supportive network of medical education leaders. Practical tools such as the CBME Implementation Rubric and change management frameworks equipped them with effective strategies for leading change.

Feedback highlighted the faculty's expertise and the collaborative atmosphere. Many participants appreciated the comprehensive pre-course materials and interactive technologies that enhanced the learning experience.

JCIMED remains committed to supporting these leaders as they implement their action plans and foster a culture of continuous improvement. We encourage all participants and stakeholders to maintain this momentum, recognising that their leadership efforts will have a lasting impact on the quality of medical training and patient care.



First LIME course



Second LIME course



YOUNG FELLOWS CHAPTER



DR. **PHOEBE PUI YING LAM**
VICE-CHAIR, YOUNG FELLOWS CHAPTER
(2025-2026)

HKAM Fellows Get Together

The HKAM Fellows Get Together was held on the evening of 4 October 2025. Despite the hoisting of Typhoon Signal No. 3, members enjoyed a pleasant evening of camaraderie. The Young Fellows Chapter (YFC) members performed a variety of songs alongside representatives from other specialty bands, featuring a diverse repertoire that included classical English songs, 1990s Cantonese hits, and pop tunes. Performers showcased their talents on a range of musical instruments, including the violin, electric bass guitar, and drums.

During the event, awards were presented to three distinguished contributors: Dr. Arthur van Langenberg, advisor to the HKAM Gardening Group, Dr. Tom Ho, Member of the Social Subcommittee and advisor to the HKAM Gardening Group, as well as Dr. Matthew Tsui, Captain of the HKAM Football Team. As guests enjoyed a gourmet barbecue dinner, the atmosphere was lively, filled with joyful conversations and camaraderie.

The evening concluded with a heartfelt group sing-along of "Strolling Down the Road of Life" led by the President and YFC, symbolising the bond and mutual support shared among members.



Festive Focus: Building Resilience and Mindfulness Through Christmas Wreath Making Workshop

The YFC organised a workshop on 13 December 2025, blending concepts of mindfulness and resilience with a Christmas wreath-making activity. Dr. Chung-ming Leung, a clinical psychologist, shared insights on recognising stress and offered practical tips to enhance resilience and manage daily challenges. Ms Cathy Kong, an Applied Behaviour Analysis therapist, discussed effective communication skills, particularly for patients with behavioural issues, and demonstrated how to incorporate mindfulness practices into daily life, including during the creative process of wreath making. The workshop concluded on a festive note, with participants proudly showcasing their handcrafted wreaths and celebrating the blissful holiday spirit.



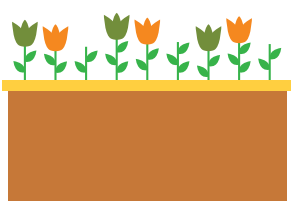
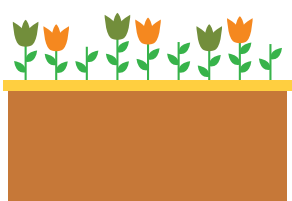
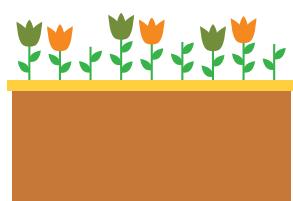
Dr. Leung leading members in meditation, practising mindfulness



Members with their self-made Christmas wreath

Bridging East and West: An Insightful Visit to Hong Kong's Chinese Medicine Institutions

On 4 January 2026, HKAM Council members and YFC members participated in a guided tour of The Chinese Medicine Hospital of Hong Kong (CMHHK) and the Government Chinese Medicines Testing Institute (GCMTI). CMHHK is the first hospital in Hong Kong to integrate Chinese Medicine with modern Western medicine and healthcare. Meanwhile, GCMTI plays a key role in setting standards and ensuring the quality control of Chinese medicines. Participants actively engaged with the hosts and expressed their appreciation for the valuable opportunities these new facilities offer in advancing modern medicine through the integration of Chinese Medicine. This approach holds great potential to improve patient outcomes, enhance the quality of care, and foster greater collaboration in research and education.



FELLOWS' WELL-BEING



Festive Gathering with Fellows

The Social Subcommittee successfully hosted the Mid-Autumn Get-Together on 4 October 2025 at the Academy Lounge, bringing together over one hundred participants. The evening was filled with festive cheer, delicious food and live music. A highlight of the event was the lineup of five live bands and music groups, in collaboration with HKUMAA, CUHKMAA, College bands and our Young Fellows Chapter (YFC), along with a Sing-Along session led by the President, Professor Philip Kam-tao Li. Guests enjoyed a BBQ buffet dinner while reconnecting with Fellows and specialist trainees and celebrating the Mid-Autumn Festival.



Stretching Course

The Social Subcommittee hosted a two-session Pilates-inspired stretching course on 11 and 18 November 2025 at the Academy Building. The programme aimed to enhance flexibility, reduce muscle tension and boost energy for participants of all fitness levels. Under the expert guidance of the coach, participants engaged in dynamic stretching and mobility exercises. The stretching course provided an enjoyable opportunity for Fellows to enhance their health and wellness.



Mindfulness Audio Clips

The Academy has maintained a strong commitment to advancing doctors' well-being through a variety of focused initiatives. Dr. Eric Kam-pui Lee, Associate Professor (Clinical) at the JC School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong, recorded additional audio clips on mindfulness practices. These recordings are available on the Well-being website to support routine mindfulness practice. For details, please visit: https://well-being.hkam.org.hk/mindfulness_workshop/



NEW COLLEGE COUNCIL MEMBERS

The following Academy Colleges have held an annual general meeting and submitted a new Council list to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. For lists of other College Councils, please refer to the Colleges section on the Academy website.



The Hong Kong College of Otorhinolaryngologists

President:	Dr. Eddy Wai-yeung Wong
Censor-in-Chief:	Dr. Joseph Chun-kit Chung
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The College of Surgeons of Hong Kong



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Immediate Past President:	Prof. Kent-man Chu

