

JANUARY 2025



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#### Co-opted Council Member



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#### Submissions

In future issues, academyfocus may feature work submitted by Fellows, for example, conference or seminar reports, book reviews, or photographs. If you would like to share your work in academyfocus, please contact the Editorial Board at focus@hkam.org.hk.

All submissions are subject to editorial review and approval. Information supplied, whether or not included in **academyfocus**, may be posted on the Academy website.

#### Deadline

The deadline for contributions for the April 2025 issue of academyfocus is 1 March 2025. Please send any submissions by e-mail to focus@hkam.org.hk.

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Hong Kong Academy of Medicine Jockey Club Building
99 Wong Chuk Hang Road, Aberdeen, Hong Kong
(852) 2871 8888 - hkam@hkam.org.hk - www.hkam.org.hk
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#### Dear Fellows and colleagues,

As I start my term as Academy President, I want to express my deep appreciation to Immediate Past President Prof. Gilberto Ka-kit Leung for his exceptional leadership. Together with the other predecessors, he has laid down a strong foundation for the Academy. I thank Prof. Leung, my Academy Officers and all fellow Council members for their unwavering trust and support for me.

I am also pleased to introduce our new team of Officers: Dr. Yu-fat Chow as Vice-President (General Affairs), Prof. Clement Chee-yung Tham as Vice-President (Education and Examinations), Dr. Wing-cheong Leung as Honorary Secretary, Prof. Eric Wai-choi Tse as Honorary Treasurer, and Prof. Martin Chi-sang Wong as Editor.

The Academy presented several awards and prizes for the year 2024 during the 31<sup>st</sup> Annual Fellowship Conferment Ceremony. Congratulations to all the winners, and a heartfelt welcome to the new Fellows from different Colleges who are joining the Academy. Further details can be found in this issue of the academy focus.

Looking ahead, the Academy has set forth a range of constructive and pragmatic initiatives, one of these being the commitments for Jockey Club Institute for Medical Education and Development (JCIMED). The inaugural ceremony marking the establishment of JCIMED on 27 November 2024 signifies our dedication to advancing postgraduate medical education, embracing technological advancements, and fostering a new era for medical and healthcare professionals in Hong Kong.

In addition to the establishment of JCIMED, the

Professional Qualifications and Standards (PQS) team is undergoing significant evolution, with the support from government funding for the next three years. This development aims to enhance synergy and strengthen existing resources across different functions, including education and membership affairs, CSR / CSQ applications, vetting of overseas qualifications, professional development, credentialling, Professionalism and Ethics Committee (PEC)-related matters, and more.

Following the Government's Policy Address 2024, which highlighted the importance of sports medicine development, the Academy has entered into a Memorandum of Understanding with the Hong Kong Sports Institute to strengthen the partnership and enhance joint initiatives. Another notable achievement was the successful Sports and Exercise Medicine Summit on 15 December 2024, where distinguished speakers and guests participated in a dynamic exchange of ideas and discussions.

To enhance the development of the Academy for the future, a strategic retreat is being scheduled for the first quarter of 2025 to delineate plans and prioritise goals for the upcoming years.

These initiatives strengthen our commitment to transform postgraduate medical education, ensuring that our professionals are equipped with the skills and knowledge necessary to address the evolving healthcare needs of Hong Kong, Mainland, globally and beyond. I sincerely call upon all Fellows to unite in support of our collective initiatives towards advancing postgraduate medical education and enhancing the Academy's increasingly important role in Hong Kong and the region.

If you have any comments or suggestions, or if you would like to contribute to the **academyfocus**, please contact the Editorial Board at <u>focus@hkam.org.hk</u>.

### HIGHLIGHTS OF THE **ACADEMY EVENTS**

31<sup>ST</sup> ANNUAL FELLOWSHIP CONFERMENT CEREMONY AND 2024 DAVID TODD ORATION



The Conferment Ceremony and David Todd Oration were held on 6 December 2024, with 355 new Fellows admitted. Click here for the full list of the newly admitted Academy Fellows.

This year, the Academy was honoured to have Past President Prof. Grace Tang to be the Orator, who shared her penetrating insights into the 'Changing Landscape of Medicine in Hong Kong'.





Prof. Gilberto Leung passed on the Presidential badge to his successor, Prof. Philip Li. Prof. Leung was then presented the Past President Badge and Pin as the conclusion of his 4-year Presidency.

#### 2024 ACADEMY'S AWARD WINNERS

The Academy presented several awards and prizes for the year 2024 during the Ceremony. Congratulations to all the winners.

#### **Awardees of Best Original Paper Award**



Dr. Pauline Ng and her team for the research 'Ten-year territory-wide trends in the utilisation and clinical outcomes of extracorporeal membrane oxygenation in Hong Kong'. Dr. Ng was unable to join the ceremony, and represented by her co-authors Ms. Vindy Chan and Ms. April Ip



Dr. Swan Lau and her team for the research 'Prediction of hospital mortality among critically ill patients in a single centre in Asia: comparison of artificial neural networks and logistic regression-based model'. Dr. Lau was unable to join the ceremony, and represented by her co-author Dr. Man-yee Man



Dr. Brian Sung and his team for the research 'Changes in cardiovascular disease risk predicted by the Framingham risk model in the Hong Kong population between 2003-2005 and 2014-2015: data from Population Health Surveys

#### **Prize for Best Original Research by Young Fellows**



Dr. Jeremy Teoh and his team were awarded with Gold Medal for the research 'Transurethral En Bloc Resection Versus Standard Resection of Bladder Tumour: A Randomised, Multicentre, Phase 3 Trial'. Dr. Teoh was unable to join the ceremony and the medal will be delivered to him.



Prof. Jason Cheung and his team, the Silver Medal winner, for the research 'Impaired Glycine Neurotransmission Causes Adolescent Idiopathic Scoliosis'



Dr. Louis Lau and his team, the Bronze Medal winner, for the research 'Effect of Real-Time Computer-Aided Polyp Detection System (ENDO-AID) on Adenoma Detection in Endoscopists-in-Training: A Randomized Trial'

#### **Prize for Best Original Research by Trainees**



Dr. Rex Wan-hin Hui, the Gold Medal winner, for the research 'Machine learning models for outcome prediction in chronic hepatitis B: Implications for clinical care'



Dr. Long Chan, the Silver Medal winner, for the research 'Disappearance of Second Peak of Bimodal Recurrence of Hepatitis B Virus-Related Hepatocellular Carcinoma after Curative Treatment in the Era of Antiviral Therapy'



Dr. Stanton King-dat Ho, the Bronze Medal winner, for the research 'Comparative Analysis of HPV Detection in Clinician-Collected, Self-Collected, Urine, and Menstrual Blood Samples'





### JOCKEY CLUB INSTITUTE FOR MEDICAL EDUCATION AND DEVELOPMENT

#### Pioneering the Future: JCIMED Inauguration Marks New Era in Medical Education

We are thrilled to announce the successful inauguration of the Jockey Club Institute for Medical Education and Development (JCIMED) on 27 November 2024 at the Hong Kong Academy of Medicine. This landmark event signifies a major leap forward in postgraduate medical education and specialist training in Hong Kong.

The establishment of JCIMED directly reflects the Academy's commitment to enhancing medical education, as outlined in our 2023 Position Paper on Postgraduate Medical Education. The Hong Kong Jockey Club Charities Trust has generously contributed approximately HK\$50 million to establish JCIMED and support its numerous training projects for the next five years.

The inauguration ceremony was graced by distinguished guests, including Ms Imelda Chan, Head of Charities (Positive Ageing & Elderly Care, and Healthy Community) of The Hong Kong Jockey Club; Prof. Gilberto Leung, President of the Academy; Prof. Philip Li, Vice-President (Education and Examinations) of the Academy; and Dr. Benny Cheng, Honorary Director of JCIMED. Their presence highlighted the importance of this initiative in shaping the future of healthcare education.

JCIMED's mission encompasses a broad spectrum postgraduate medical education, providing comprehensive training for specialists, specialist trainees, and healthcare professionals across various disciplines. The institute is set to revolutionise medical education by introducing state-of-the-art simulation technologies, including extended reality and artificial intelligence.

Prof. Gilberto Leung emphasised the significance of JCIMED, stating, "The JCIMED marks a new milestone in medical education for the Academy. It will shoulder a broader mandate to promote a more holistic postgraduate medical education, enhancing not only the quality of medical education but also injecting new vitality into the development of healthcare in Hong Kong and the Greater Bay Area."

The inauguration of JCIMED aligns with the Academy's recent focus on innovation and technology in medical education, as exemplified by the successful Medical Education Conference held on 7 September 2024. This conference, which explored Al-driven innovation in healthcare training, set the stage for the cutting-edge approaches JCIMED aims to implement.

As we embark on this exciting journey, we are excited about the positive influence that JCIMED is expected to have on the future of healthcare education and practice. By fostering collaboration, embracing innovative technologies, and maintaining high standards in medical education, JCIMED is positioned to play a crucial role in shaping the next generation of medical professionals in Hong Kong and beyond.







The Academy is setting up a **Task Force on Organ Donation**, bringing together representatives from Colleges and relevant colleagues from the community, with an aim to develop strategies and formulate plans to promote organ donation and provide related education to both the healthcare community as well as the wider society. This initiative aligns with the Academy's commitment to education and addressing important societal issues.

Meanwhile, the Academy will co-organise with the Hong Kong Society of Transplantation for a thanksgiving event on 23 March 2025 (Sunday), with the theme "感恩捐贈者十五載,受贈者銘記情永在" (15 Years of Gratitude to Donors, Forever Remembered by Recipients). The event aims to honour and appreciate the generosity of organ donors and the life-changing impact of organ transplantation. This special gathering will provide an occasion to celebrate the spirit of giving, share powerful stories of hope, and inspire more individuals to support organ donation. More details about this event will be shared via eBlast in due course.



## FELLOWS' WELL-BEING



#### OUR COMMITMENT TO WELL-BEING ADVOCACY

The Academy is taking a leading role in the medical and dental profession, and the promulgated <u>Well-being Charter</u> is committed to cultivating and promoting the well-being of Academy Fellows and specialist trainees of Academy Colleges. We pledge to acknowledge the importance of well-being, take action, and advocate policy changes for the improvement of our Fellows' and trainees' wellness. To achieve this, the Academy has set up a Task Force on Well-being, chaired by the Academy's Honorary Secretary, to devise plans and initiatives. Click here to find out more.

#### WHAT'S NEW

The Academy Council has formulated a 'Policy Statement on Supporting Fellows and Specialist Trainees with Disability or Special Educational Needs (SEN)' to foster positive educational outcomes and ensure equal opportunities for specialist trainees with disabilities and SEN, while upholding the professional standards required for training.

#### AWARENESS: SELF-ASSESSMENT TOOL

Take Copenhagen Burnout Inventory questionnaire to know more about the levels of burnout.

#### ASK FOR HELP: PEER SUPPORT SCHEME

Over 40 volunteers are available to offer support through informal communication, to bring positive energy and aspirations to peers in need regardless of their specialty. Check out the list of Peer Supporters on the **designated webpage**, and approach the Peer Supporter(s) of your choice through our email referral system which is programmed to protect your privacy. All the conversations will be kept strictly confidential.

Interested in being a Peer Supporter? Register now and click here for details about the scope and nature of peer support.







# YOUNG FELLOWS CHAPTER



DR. ERIC HUI-LUN LAU CHAIR, YOUNG FELLOWS CHAPTER (2024-25)

#### Milk Tea and Egg Tart Workshop

The Hong Kong Academy of Medicine (HKAM) Young Fellows Chapter (YFC) has the mission of connecting fellows among our colleges and contributing to our profession and to our society.

A YFC Milk Tea and Egg Tart workshop was successfully held on 3 November 2024, hosted by a famous local food and beverage brand. Young fellow representations from 8 different medical colleges joined the event and thoroughly enjoyed this opportunity to mingle and take a break from our busy work schedules.

















#### **Sports and Exercise Medicine Summit**

Jointly organised by the YFC and the JCIMED, over 100 healthcare professionals and sports medicine experts gathered at the Sports and Exercise Medicine Summit on 15 December 2024 to discuss the latest advancements in the field. Highlights included keynote speeches from Colleges of Orthopaedics, Community Medicine, Family Medicine, and Emergency Medicine; a Sharing Session with elite athletes Ms. Wan-yu Choi and Mr. Wai-hung Shek; and a Panel Discussion on the obstacles and difficulties in promoting exercise in the community. The summit emphasised collaboration with the Hong Kong Sports Institute and the importance of promoting healthy lifestyles for all. The press release for the summit can be found <u>here</u>.



Prof. Gilberto Ka-kit Leung, Convenor of the Task Force on Sports and Exercise Medicine, emphasised enhancing sports medicine understanding and application for athletes and the public through collaboration at the summit



Dr. Eric Hui-lun Lau, Chairman of the Academy's Young Fellows Chapter, made a remark in the summit



Dr. Lobo Hung-tak Louie from The Education University of Hong Kong discussed the importance of exercise as a preventive and therapeutic measure while stressing the inadequacy of recreational and sports facilities in Hong Kong, with only  $1\mathrm{m}^2$  of water surface area per 85 persons based on government guidelines



A discussion panel, including Dr. Bryan Siu-fung Lau, Director of Sports Medicine at the Hong Kong Sports Institute, and elite athletes Ms. Wan-yu Choi, a Hong Kong karateka, and Mr. Wai-hung Shek, a Hong Kong artistic gymnast, shared insights on enhancing sports medicine services

## NEW COLLEGE COUNCIL MEMBERS









The following Academy Colleges have held an annual general meeting and submitted a new Council list to the newsletter Editorial Board. Congratulations to all new College Office Bearers and Council members. For lists of other College Councils, please refer to the Colleges section on the Academy website.



#### The Hong Kong College of Obstetricians and Gynaecologists

President: Dr. Tse-ngong Leung

Senior Vice President: Dr. Wai-cheung Lam

Junior Vice President: Dr. Daniel Wong

Honorary Secretary: Prof. Siew-fei Ngu

Honorary Treasurer: Dr. Chong-pun Chan

Council Members: Dr. Edith Oi-ling Cheng

Prof. Ka-wang Cheung

Dr. Edith Oi-ling Cheng Prof. Ka-wang Cheung Dr. Annie Shuk-yi Hui Dr. Woon-chung Lau



Dr. Linna Liauw
Dr. Charas Yeu-theng Yeu
Prof. Liona Chiu-yee Poon
Dr. Sze-man Wong

Dr. Janus Siu-him Wong

Dr. Ronald Man-yeung Wong



**Council Members:** 

#### The Hong Kong College of Orthopaedic Surgeons

Dr. Tze-wang Chan

Dr. Wesley Ng

President:	Dr. Ying-kei Chan	
Vice President:	Prof. Jason Pui-yin Cheung	
President-Elect:	Dr. Kam-kwong Wong	
Chief Censor:	Dr. Michael Tim-yun Ong	
Deputy Censor:	Dr. Yung-chak Hsu	
Honorary Secretary:	Dr. Yuk-chuen Siu	
Honorary Treasurer:	Dr. King-lok Liu	
Immediate Past President:	Dr. Sheung-wai Law	

Dr. Evelyn Eugenie Yue-ling Kuong



#### Hong Kong College of Paediatricians

President: Prof. Yiu-fai Cheung

Vice President: Dr. Frankie Wai-tsoi Cheng

**Honorary Secretary:** Dr. Kate Ching-ching Chan

**Honorary Treasurer:** Dr. James Wesley Ching-hei Cheng

Dr. Hin-biu Chan **Council Members:** 

Dr. Chin-ying Chow

Dr. Eva Lai-wah Fung

Dr. Mike Yat-wah Kwan

Immediate Past President: Prof. Hugh Simon Hung-san Lam

**Co-opted Council** 

Members:

Dr. Mun-yau Lee

Dr. Vincent Tze-ching Leung

Prof. Chi-kong Li



Dr. Kwok-piu Lee

Dr. Wilfred Cheuk-wa Leung

Dr. David Chi-kong Luk

Dr. Alan King-woon So



#### The Hong Kong College of Psychiatrists

**President:** Dr. Wing-chung Chang

**Vice President** (General Affairs): Dr. Eric Wai-ching Yan

Vice President

(Censor / Education):

Dr. Flora Yi-man Mo

**Honorary Treasurer:** Dr. Kai-tai Chan

**Honorary Secretary:** Dr. Kenneth Shut-wah Chan

**Council Members:** Dr. Wai-chi Chan

Dr. Koi-man Cheng

Dr. Wing-kit Choi

Dr. Jenny Pik-ho Lam

Dr. Allen Ting-chun Lee

Dr. Pui-lam Yip

Ex-officio: Dr. Siu-ning Chiu

Chief Editor of the **College Journal:** 

Dr. Sherry Kit-wa Chan